Helping You
Wear it Right

Wearing your 3M™ Half Facepiece Reusable Respirator

1. Place the respirator over your nose and mouth with bottom straps unfastened.
2. Pull the top strap over your head, placing the head cradle on the crown of your head.
3. Hook the bottom straps together behind your neck.
4. Adjust strap tension to achieve a secure fit.

**WARNING**
These respirators help reduce exposure to certain airborne particulates. Before use, the wearer must read and understand the User Instructions provided as a part of the product packaging. A written respiratory protection program must be implemented meeting all the requirements of OSHA 1910.134 including training. The testing and annual evaluation. In Canada, the necessary requirements of the applicable regulations, as appropriate. Misuse may result in sickness or death. For proper use, see package instructions, supervisor, or call 3M OH&ESD Technical Service in USA at 1-800-243-4630 and in Canada at 1-800-267-4414.

Positive Pressure User Seal Check
Place the palm of your hand over the exhalation valve cover and exhale gently. The facepiece should bulge slightly. If air leaks between the face and the faceseal of the respirator, reposition it and adjust the straps for a more secure seal.*

Negative Pressure User Seal Check
Using Particulate Filters
Place your thumbs over the center of the filters and inhale gently. The facepiece should collapse slightly. If air leaks between the face and the faceseal of the respirator, reposition it and adjust the straps for a more secure seal.*

Using Cartridges
Place the palms of your hands over the cartridges and inhale gently. The facepiece should collapse slightly. If air leaks between the face and the faceseal of the respirator, reposition it and adjust the straps for a more secure seal.*

* If you cannot achieve a proper seal, do not enter contaminated area. See your supervisor.

Check the seal of your 3M™ Half Facepiece Reusable Respirator each time you don the respirator

Note: Before assigning any respirator to be worn in a contaminated area, a qualitative or quantitative fit test must be performed per U.S. OSHA standard 29CFR 1910.134 or local requirements.

Note: Perform a positive and/or negative pressure user seal check each time the respirator is donned. If you cannot achieve a proper seal, do not enter contaminated area. See your supervisor.